



# Rural Continuing Medical Education (RCME) Community Program

AN INITIATIVE OF THE JOINT STANDING COMMITTEE ON RURAL ISSUES (JSC)  
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## Community Implementation

The RCME team has officially implemented 84 of the 101 eligible RSA communities into the new program.

Once implemented, communities are accessing new funding as well as being supported to create and develop locally driven models of community education.

To connect with the RCME Team [RCME@RCCbc.ca](mailto:RCME@RCCbc.ca)

## Virtual BC Rural Health Conference May 29 & 30, 2021

The Rural Coordination Centre of BC invites you and your colleagues to the [virtual BC Rural Health Conference \(RHC\)](#) on May 29–30, 2021.

For **more information** and to **register** for the BC Rural Health Conference, please visit the following links:

[Webpage](#) | [Brochure](#) | [Registration](#)

We look forward to welcoming you at the BC Rural Health Conference in May! **#RHC2021**



## Rural Leadership Development Program

REAP is currently accepting applications for the >> [Rural Leadership Development Program](#) <<

The purpose of this program is to increase opportunities for rural physicians to pursue leadership training and develop the skills and abilities to help bring system improvements that will benefit British Columbia's rural populations.

Applications are accepted twice/year - the next deadline is **April 30, 2021**. Click the above link to apply now.



## BC Virtual Health Grand Rounds

Learn how **Child Health Advice in Real Time Electronically (CHARLiE)** is supporting rural pediatricians, how Nowh Guna' Tseh Cultural Competency Training transitioned to virtual delivery, and review HealthLink BC Emergency iDoctor in-assistance (HEiDi)'s findings from COVID-19 immunization 8-1-1 calls.

Join the conversation and ask your questions of these highly experienced and knowledgeable public health leaders at our next rounds!

[Course Webpage](#) | [Registration Form](#)

UBC CPD



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE

## Community Corner

### Mayne Island– Vancouver Island

Recognizing that COVID has increased the need for mental health resources and knowledge for rural and remote practitioners, Mayne Island hosted the Mental Health First Aid (MHFA) course in January 2021. The course, adapted for virtual delivery, provides a blended learning experience utilizing self-directed learning, didactic teaching, and break-out discussions.

Mayne Island's RCME Physician lead (and sole GP), Dr. Juliana Losier, brought together the community's allied health care partners—nurse practitioner, paramedics, community nurses, and community clinic MOA—to participate in this valuable learning experience on combating the stigma related to mental illness, suicide, and substance use. Participants learned to identify the signs that a person may be dealing with a decline in their mental well-being and/or facing a mental health crisis, and how to encourage them to talk about their mental health openly. Resources for professional supports, as well as other supports that could help with recovery were also addressed.

Dr. Losier noted that this is a “one-of-a-kind course and approach to mental health education” as it allows the health care team to learn how to help those struggling with mental health issues while learning to maintain their own mental health well-being through the practice of self-care.



### Whistler – Vancouver Coastal

The Simulation program at the Whistler Health Care Centre has been busy since the beginning of the pandemic organizing simulation in situ for the nurses, physicians, and allied health professionals.

From March to June 2020, we focused on Covid -19 related topics such as Protected Intubation, High Flow Oxygenation and AGMP CPR. Since November, our simulations topics have shifted gear to reflect our winter season ski and snowboarding casualties: hypothermia and trauma. Each month, the attendance has increased, thanks to the Zoom technology and the funding provided by the RCME for the organizers and the "doc in the hot seat" (physician participating in the case).

